

3 Continents



4 Country
Destinations
Bulgaria

India Uganda Kosovo

Opening soon in North Macedonia and Albania.

50+ Partner Organizations

14 Main Sectors

60+ Career Fields

100+ Customized Global Internships

Multiple Cities

One Extraordinary Experience!



Who We Are



Isla Internships Abroad partners with universities from the U.S. and around the world to place talented undergraduates, graduate students, and entry-level professionals in global development internships with leading local and international partner organizations.

We span the globe providing professional entry-level work experiences in Europe, Africa, and Asia.

Isla arranges internship placements for individual applicants and for students taking part in one of our faculty-led or group programs.

Isla invites you to share Isla Internships Abroad oppportunities with your students.

We also partner with universities to provide programmatic and logistical support to faculty-led programs and study trips in the countries where we operate.



Placing talented people inside purposeful partner organizations, Isla hopes to create opportunities for greater global understanding, cooperation, and community service.





Experience Global Development First-Hand

Isla builds upon the organizational capacity-building work of our local partner organizations, social enterprises, and other institutions to provide Interns a unique opportunity to experience global development first-hand.

Isla Interns build their professional skills and global networks while they support the needs of their host organization.

With Isla's above-and-beyond support and professional guidance, the Intern's global development experience helps open doors to future international work.

Find out more here.

For the University

Isla specializes in quality individual customized international internships.

We also organize faculty-led group trips to provide an opportunity for faculty and students to come together to combine academics with a short-term, high-impact internship with one or more of Isla's partner local grassroots and international organizations.

We believe giving students first-hand internship experiences with one of our partner organizations adds incredible value to any academic curriculum abroad.





Group Trips

Faculty-led or group trips are designed for a university course, club, service learning, or volunteer group that is already engaged with a topic that aligns closely with the goals and priorities of our host organizations and communities.

Any group with a genuine interest in developing a strong relationship with a local community abroad can participate in this program.

- Isla Customized Internships
- Faculty-Led & Group Trips
- Research Opportunities
- Fullfills academic & capstone project requirements



Many thanks to the Isla Team for your help with my faculty-led program and internship. Without Isla we would not have been able to experience Kosovo in the way that all of us students have. I truly believe that with the help of Isla and my host family, our experiences have been elevated!

Cody Vandergrift - Miami University of Ohio Peace and Conflict in Kosovo International Studies & Psychology

Life Cycle of the Isla Internship



Learn More

Application & Placement Process

- Student submits the online application, transcripts, resume, narrative, two letters of reference and three internship choices.
- Within two weeks, Isla reviews applicant's profile and matches it with a host organization based on internship selections (or on a suggested organization that Isla deems a better fit), academic background, skill set, interests, and professional goals.
- The selected host organization reviews application, and together with Isla, prepares a draft Scope of Work.
- Isla conducts a placement interview call to learn more about candidate's internship expectations, and learning and professional goals to ensure a best fit placement.
- Isla sends internship offer, contract, and pre-departure guide.
- A call with the intern and host organization is arranged to finalize the Scope of Work and to begin work plan preparations.
- Please note, the Scope of Work is customized to the intern's particular skill set and interests, and is designed to meet academic requirements upon request.

Apply Online

Isla Program Support

- Isla provides support before, during, and after the internship experience.
- Pre-departure preparations include help with academic credit arrangements, funding possibilities, cultural guides, and travel logistics.
- Program begins in-country with a welcome reception dinner and an orientation to the local culture and work environment.
- Housing arranged with a host family or in a shared apartment.
- Airport pick-up
- In-country social activities, events, and local and regional travel guidance.
- Professional career guidance from Isla staff and host organization supervisor.
- Introductions to local and international professionals working in the field.
- Facilitates academic credit for course, research, or capstone project requirements
- Certificate of internship completion with documented internship activities.
- Reference letter from Isla upon request.

Margaret Rice - Yale University School of Public Health

In addition to fulfilling a summer internship requirement for my Master's degree in global health, this experience provided valuable experiences and knowledge working in a global health context in Uganda.



Contact Us

For more information regarding Isla programs contact Kathy Lynch, Isla Executive Director at:







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Apply Today!